

You've got
Teladoc!



Healthcare happens here.

Access licensed doctors by web, phone or app.

Teladoc® is a convenient and affordable option for a variety of medical services, including **General Medical**, **Dermatology** and **Behavioral Health**. Access quality healthcare from the comfort of home, during your lunch break or while traveling. You can even get a prescription sent to your local pharmacy, when medically necessary.

- Connect with a licensed doctor, dermatologist or therapist by **web, phone or mobile app**¹
- Over **1,000,000** telehealth visits performed
- **95%** member satisfaction
- Speak with a doctor in minutes
- Teladoc doctors average **20 years** of experience²

Get started:
Teladoc.com/Premera

Call:
1-855-332-4059

General Medical **\$0/visit**

- Board-certified doctors are available 24/7/365 by web, phone or app
- Treat flu, allergies, sinus infection, rash, sore throat and more

Dermatology **\$0/visit**

- Log into your account to upload images of your skin issue
- Receive a response through Teladoc's secure online message center within two business days
- Treat on-going or complex issues like psoriasis, eczema, acne and more

Behavioral Health

- Schedule a video or phone appointment seven days a week
- Support for anxiety, eating disorders, depression, family issues and more

Psychiatrist **\$0/session**
(initial visit)

Psychiatrist **\$0/session**
(ongoing visit)

**Psychologist,
licensed clinical
social worker,
counselor or therapist** **\$0/session**

